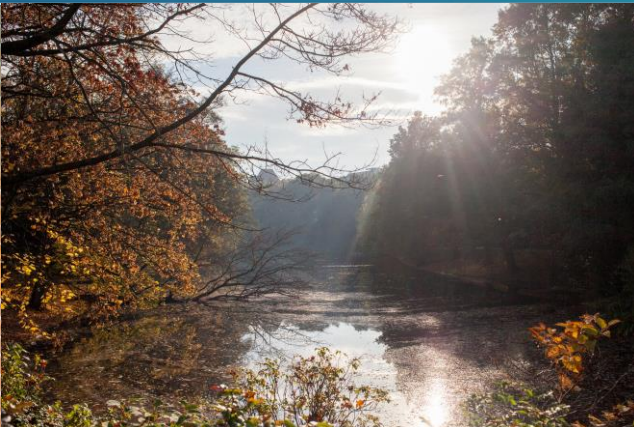


# MOIN!

Welcome to Bremen







# TODAY'S WELCOME SESSION

- ✘ Hochschule Bremen
- ✘ Orientation week
- ✘ Legal requirements
- ✘ Bank account & money
- ✘ Transportation/ travelling
- ✘ Health & safety
- ✘ Living in Bremen
- ✘ Leisure activities

<https://www.hs-bremen.de/en/information-for/exchange-students/>



## Hochschule Bremen - Facts & figures

In 1799, it all began with the Bremen Navigation School, forerunner institution of today's Nautical Science and Maritime Transport Department - nowadays the HSB Faculty of Nature and Technology.

Today, HSB is the second largest scientific institution in the Federal state of Bremen.

- **65 degree programs** spread across **five faculties**
- Cooperation with **370 partner universities worldwide**
- Appx. 8.700 students:
  - 250 exchange students annually
  - 18% international students on campus





## HSB Campuses

There is no central campus, we have four different locations in Bremen!

## Behaviour at HSB - Advice



No dress code



Write formal!

- Dear Prof. XY/  
Dear Mr./ Ms.  
surname
- Kind regards etc.
- No emojis



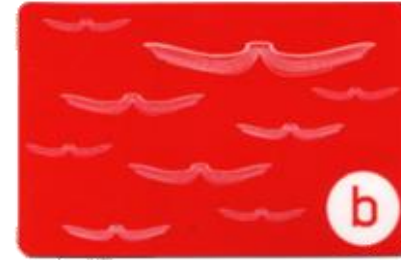
Address staff and  
professors by their  
surname



Closed door? Knock!

No answer?  
Open the door and  
ask if it is possible to  
come in

## Good to have



Library card



- Cheap meals starting at 2 €
- [Weekly menu](#)
- Get a Mensacard!
  - At all canteens (times may vary)
  - Bring student ID & 10 € in cash
  - Get back the remaining balance at the end of the semester
- Fill in the [Online registration](#)
- Collect your card directly from the lending desk

## Accommodation service into rooms

Are you still looking for a place to live?  
Do you have issues with your landlord from into rooms?  
Questions?



Talk to Madeleine during the break  
E-mail: [intorooms@hs-bremen.de](mailto:intorooms@hs-bremen.de)







## Lokale Erasmus Initiative Hochschule Bremen

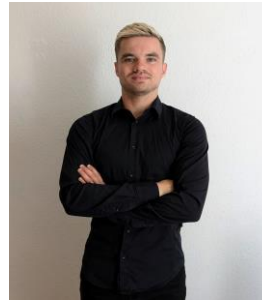
HSB students support exchange students  
and organise activities, events and parties!  
[WhatsApp Group](#) for Winter Semester 2024/25



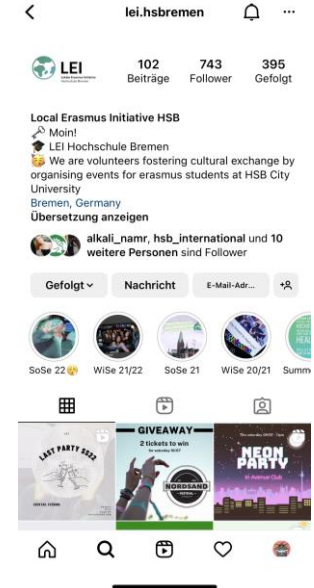
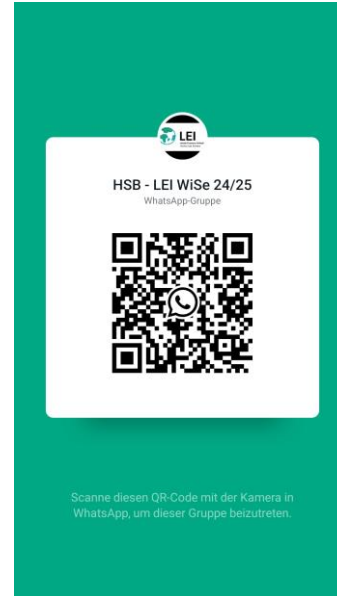
Caterina



Patricia



Tom



LEI Meet'n Greet, 8. Oktober, 17h, HSB

LEI Pub Crawl, 10. Oktober, 19h  
**Litfass, Ostertorsteinweg 22**

## Meet. Greet. Chat. Play.

We are very happy to see you:)))

Fridays 17 – 20h

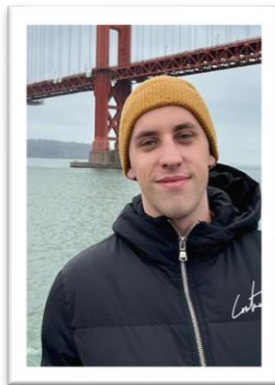
Your Team from the Café International

[cafe-international@hs-bremen.de](mailto:cafe-international@hs-bremen.de)

[Instagram - Café International](#)



Andrea Thode



Robin Patz



Nouhaila Elaziz



Café International 

WhatsApp-Gruppe



## Friendship Programme

Citizens of Bremen

(young people, elderly people, families, working people & pensioners):

- spend some leisure time with you,
- speak German with you (if you want),
- help you to get to know German culture,
- give you an authentic inside into everyday life in Germany

We will send a registration link by e-mail after this meeting.

Deadline for Application



Save the date!

1st Meeting with  
your new friend:

21.10.2024

18h-21h

## You like to sing?

### Choir at the Hochschule Bremen

Welcome to the university choir IntoNation.  
We rehearse every Monday from 7 to 10 pm.  
If you are interested, please contact us by email or phone.

***Julio Fernández***



Head of the choir IntoNation

<https://www.hs-bremen.de/studieren/rund-ums-studium/studierendenleben/kultur/hochschulchor-intonation/>

[Julio.Fernandez-Gonzalez@hs-bremen.de](mailto:Julio.Fernandez-Gonzalez@hs-bremen.de)

**Teléfono:** [+49 421 5905 2842](tel:+4942159052842)





## HS-BMOVIE

The HS-BMovie theatre cinema is organised 'by students, for students' at Bremen University of Applied Sciences.

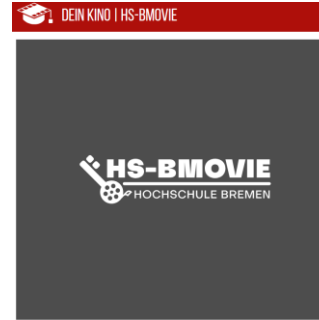
The film screenings take place every second Tuesday during the lecture period.

Entry is from 19h – the film starts at 19:30h

An app is also required for admission

All information and the current programme can be found here:

[https://www.unifilm.de/studentenkinos/Bremen\\_HS](https://www.unifilm.de/studentenkinos/Bremen_HS)



## Olbersgesellschaft e.V.

<https://www.olbers-gesellschaft.de/>



## Hochschulsport

The universities of Bremen jointly offer a wide range of sport programmes to their students for a small fee.

Please mind: courses are highly popular and registration is on a first come, first served basis.



### Registration

- From 30. September, 7h
- IBAN necessary! (EU bank account)  
If you don't have one, maybe another exchange student can help.



# Orientation week

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>10:00 - 12:00</b>  <b>Welcome Session</b>  <a href="#">Neustadtswall Campus</a>  <a href="#">AB building</a>                      room AB 516 - 5th floor</p>		<p><b>10:00 - 14:00</b>  <b>Faculty Info Session</b>                      DIOs 1 - 5                      Location &amp; time                      announced by your DIO</p>	<p><b>10:00 - 13:00</b>  <b>Team Building Event</b>  <a href="#">Neustadtswall Campus</a>                      Meeting point:                      outside in front of the                      canteen "Mensa"</p>	<p><b>13:00 - 15:00</b>  <b>Bouldering</b></p>
<p><b>12:00 - 13:00</b>  <b>Briefing</b> on all relevant                      HSB IT applications  <a href="#">Neustadtswall Campus</a>  <a href="#">AB building</a>                      room AB 516 - 5th floor</p> <p><b>14.00 - 15:45</b>  <b>3 Campus tours</b></p>	<p><b>15:00 - 17:00</b>  <b>German Language Café</b>  <a href="#">Neustadtswall Campus</a>  <a href="#">AB building</a>                      room S11/12 - 10th floor</p>	<p><b>15:00 - 17:00</b>  <b>German Language Rallye</b>                      Meeting point:                      City centre at main stairs                      of the Bremen Cathedral</p>	<p><b>14:00 - 16:00</b>  <b>Check city registration documents</b>                      AB 106</p>	
<p><b>16:00 - 19:00</b>  <b>International Get-together</b>  <a href="#">Neustadtswall Campus</a>  <a href="#">AB building</a>                      room AB 516 - 5th floor</p>	<p><b>17:00 - 20:00</b>  <b>LEI Meet'n Greet</b>  <b>Local Erasmus Initiative</b>  <a href="#">Neustadtswall Campus</a>  <a href="#">AB building</a>                      room S11/S12 - 10th floor</p>		<p><b>19:00</b>  <b>LEI Pub Crawl</b>                      Local Erasmus Initiative                      Meeting point:                      Bar "Litfass"                      Ostertorsteinweg 22</p>	<p><b>17:00 - 21:00</b>  <b>Café International</b>  <a href="#">Neustadtswall Campus</a>  <a href="#">AB building</a>                      room AB 516 - 5th floor</p>

NO REGISTRATION NEEDED FOR THE ORIENTATION WEEK (EXCEPT BOULDERING)



## Decentral International Offices - DIOs

### 1 School of International Business

Each of our 5 faculties has its own **DIO**, which is in charge of the organization and coordination of the program-related matters:

- Learning agreement
- Arrival confirmation
- Course choice
- Course registration
- Transcript of records



Claudia Kuhlmann



Stefanie Gössling



Anne Thormann



Julia Leonhardt

### 2 School of Architecture, Civil and Environmental Engineering



Antonia Ley

## Decentral International Offices - DIOs

### 3 School of Social Sciences

Each of our 5 faculties has its own **DIO**, which is in charge of the organization and coordination of the program-related matters:

- Learning agreement
- Arrival confirmation
- Course choice
- Course registration
- Transcript of records



Jana Grünewald



Sabine Ganter

### 4 School of Electrical Engineering and Computer Science



Yana Yerofeyeva



Birgit Averbeck

### 5 School of Nature and Engineering



Sven Kreyenhop



Willi Wittig

# Orientation Week

## Meeting with the DIOs

- 1 School of International Business** Meeting with all coordinators at Werderstraße Campus // 9<sup>th</sup> of October 10:00 am // Room A 01
- 2 School of Architecture, Civil & Environmental Engineering** Meeting with Antonia Ley at Neustadtswall Campus // 9<sup>th</sup> of October 10:00 am // Room AB 613
- 3 School of Social Sciences** Meeting with Jana Grünewald at Neustadtswall Campus // 9<sup>th</sup> of October 11:00 am // Room M 318  
Meeting with Sabine Ganter at Neustadtswall Campus // 14<sup>th</sup> of October 10:00 am // Room M 318
- 4 School of Electrical Engineering & Computer Science** Meeting with Yana Yerofeyeva at Airport Campus / Flughafenallee 10 // ZIMT 106b  
students are invited to an individual appointment
- 5 School of Nature and Engineering** Meeting with DIO5 at Neustadtswall Campus // 9<sup>th</sup> of October 10:00 am // Room M 119

☕ Break time!





# City registration & residence permit

## City registration (**ALL STUDENTS**) within 2 weeks after your arrival date

### Necessary documents:

- ❖ [Registration form](#) (in German)
- ❖ [Landlord confirmation](#) (in German)
- ❖ Copy of your ID/passport

Use our [Fill in instructions](#)



**All persons** living in Bremen need to register at the Bürger Service Center (BSC)!

Put your name on the post box & doorbell to receive your tax ID



## Need help with your city registration documents?



**Thursday, 10.10.2024, 14h**

after the **team building event**

Bring all necessary documents  
**filled in & printed** out to our office at  
Campus Neustadtswall, AB 106



## Residence permit (CERTAIN STUDENTS ONLY)

OCTOBER

MON	TUE	WED	THU	FRI	SAT	SUN
		✈️				

NOVEMBER

MON	TUE	WED	THU	FRI	SAT	SUN

DECEMBER

MON	TUE	WED	THU	FRI	SAT	SUN

JANUARY

MON	TUE	WED	THU	FRI	SAT	SUN

Within  
3 months after  
arrival date

### Who needs to apply for a residence permit?

- ✂ Students who are **not** a citizen of an EU member state, Iceland, Liechtenstein or Norway
- ✂ If your visa is **not** valid for your whole stay
- ✂ If you are from Australia, Canada, Israel, Japan, New Zealand, Republic of Korea, United Kingdom or USA and entered Germany **without a visa**

### Where?

Bremen Service University (BSU)  
on campus of the **University of Bremen**



More information can be found [here](#).

# Bank account & money



## Open / unblock a bank account

**Complete the city registration**

**Put your name on your post box**

**Open / Unblock your bank account with:**

- Valid passport
- Certificate of enrolment

Submit later:

- Confirmation of city registration (Meldebestätigung)
- German Tax ID



# Transportation / Travelling

## Semesterticket



EC/IC/ICE Trains



Regional Trains (RE)

## Tips



### Hiking in the Harz mountains

Highest point of Northern Germany





Bremen Hbf  Bad Harzburg

2h 50 Min



### Netherlands

Bremen Hbf  Hengelo (3,5 h)  Amsterdam (+2h)

Bremen Hbf  Weener (2h)  Groningen (+1h)

## Climate-friendly travel



**DAAD** Deutscher Akademischer Austauschdienst  
German Academic Exchange Service

**Klimaverträglich unterwegs**  
**Climate-friendly travel**

10 Tipps für Stipendiatinnen und Stipendiaten in Deutschland  
Ten tips for scholarship holders in Germany

daad.de

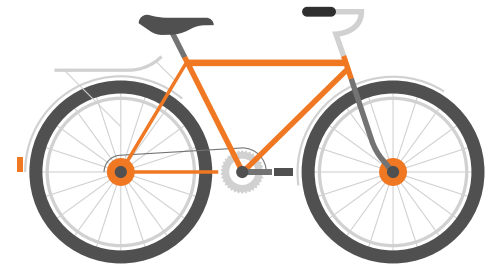
CHANGE BY EXCHANGE



## Tip: Rent a bike

*Swapfiets*

- Your “own” bike!
- Starting 14,90€ per month
- More information [here](#)



# Health & safety



## Get help



### Medical on-call service

Doctor's office closed?  
Acute illness/ injury  
**but not life-threatening?**

**116 117**



### Pharmacy emergency service (Apothekennotdienst)

- night shifts
- opening hours on Sundays or public holidays
- Find a list of all participating pharmacies in every pharmacy



### Ambulance/ emergency doctor

- life-threatening symptoms,
- after accidents (heavy bleeding or other serious injuries),
- suspicion of poisoning,
- for 3rd degree burns, etc.

**112**

## Health insurance



Pay your fees!

Otherwise:

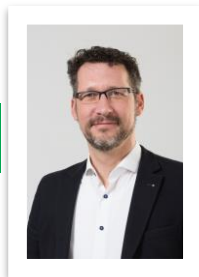
- no health insurance coverage
- no university enrolment
- no residence permit
- trouble with border control



Want to work in Germany while studying?  
EU student with EHIC card?

- original insurance becomes invalid
- get a German health insurance

## Statutory German health insurances



**Patrick Dressel**  
Beratung Studierende  
Student advisor

Phone: 0421-1761 27307  
Mobile: 01520-1580735  
E-Mail: [patrick.dressel@hb.aok.de](mailto:patrick.dressel@hb.aok.de)

**AOK Bremen/Bremerhaven**  
Columbusstr. 1  
27570 Bremerhaven  
<http://www.aok.de/bremen>



**Adriana da Silva Oliveira**  
Student advisor (foreign language skills)  
Free Digital Consulting

Phone: 0800 - 333004 604-242  
Mobile: 0151 - 27612011  
E-Mail: [Adriana.DaSilvaOliveira@barmer.de](mailto:Adriana.DaSilvaOliveira@barmer.de)

**BARMER**  
Domshof 11  
28195 Bremen  
<https://www.barmer.de/>



**Matthias Kurzawski**  
Privatkunden- und Hochschulberater  
Vertrieb

Phone: 040-46 06 51 11-204  
Mobile: 0160 - 3483310  
E-Mail: [Matthias.Kurzawski@tk.de](mailto:Matthias.Kurzawski@tk.de)

**Techniker Krankenkasse**  
Am Alten Hafen 118  
27568 Bremerhaven  
[www.tk.de/kontakt/Matthias.Kurzawski](http://www.tk.de/kontakt/Matthias.Kurzawski)

## Safety first

### Cycling around the city

- Respect foot and bike paths
- Watch out for car drivers and trucks
- Watch out for e-bike riders and scooters
- Rule: Right before left

### Moving around the city

- Watch your valuables – (cell phone / wallet)
- Especially: In confined spaces or in crowded trams
- **Do not walk on bike paths**
- **Watch out for the tram!**

### Going Out

- Don't leave your drink unattended
- Always try to be out at night with at least two people



**In general: Police officers are approachable, and it is okay to contact them if you need help/feel threatened**

# Living in Bremen

## Important house rules

- Ventilation (2 -3 times a day) and heating
- In winter **Stoßlüften (shock ventilation)**: Open all windows wide open for a couple of minutes to ensure a complete exchange of air
- Dry laundry in the laundry room, on the balcony or while ventilating
- Keep common areas tidy
- Keep your room and common areas clean; stick to the cleaning plan if there is one
- Announce visitors





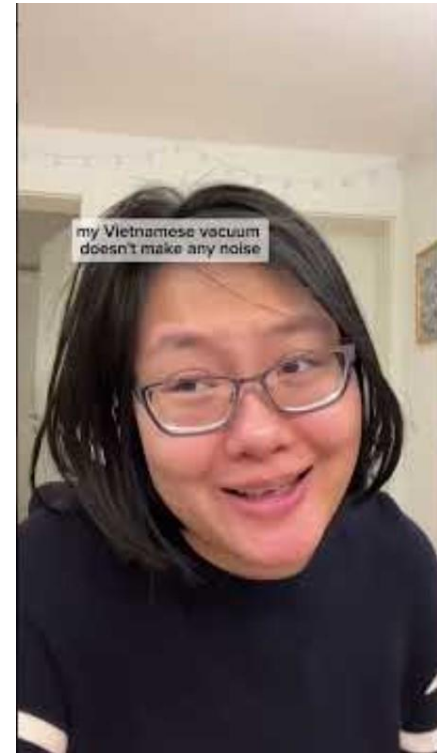
## Important house rules

- Respect rest times (10 p.m. until 7 a.m.)
- No smoking inside
- Announce parties
- Shut windows and lock the door when leaving your place
- Inform your landlord/landlady about damage
- Be aware of energy costs (water, electricity and heating)

### Deposit (Kaution)

- Paid when moving in
- Paid back after moving out (if you did not cause any damage)

**≠ last month's rent**



## Waste management in Germany

Waste in Germany is separated into different trash cans:



In some parts of Bremen:

- yellow recycling bags instead of a trash can
- you put your paper collectively on the street

The garbage calendar can be found [here](#).

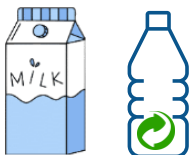


## Pfand system

= **bottle return system**

- 0.08€ Beer bottles (0.15€ for resealable bottles)
- 0.25€ Aluminium cans
- 0.25€ Single-use (Einweg) plastic bottles
- 0.08 - 0.15€ Multiple-use (Mehrweg) glass and plastic bottles

Bottle purchased abroad?  recycling possible, no deposit







Most





glass recycling bins.



# Leisure activities

## Kultursementicket – Culture Ticket

Students receive free admission to theatres, museums and stages in Bremen:

<https://kultursementicket-bremen.de/>

## Tip: Freimarkt



### Where?

Behind the Bremen Central Station at “Bürgerweide”  
(walk through the whole station  
- it starts behind the station)

### When?

18.10. – 03.11.2024

### Costs?

Free entry

Individual costs for attractions



**Thank you and have  
a great semester!**

